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# RCH Donation Day October 8, 2013

BROADCASTING LIVE ON 93.7 JRFM, 102.7 THE PEAK, RJ1200, RADIO RIMJHIM AND OMNI TV TO RAISE FUNDS IN SUPPORT OF RCH FOUNDATION

RCH is the only hospital in BC that can provide the highest level of trauma, neurosciences, cardiac, mental health, high-risk maternity and neonatal intensive care all on one site. That is just one of the many reasons RCH needs your support. On October 8, 2013, join us for Donation Day and show your support for BC's hospital. To donate, call 310-4000 or visit [rchcares.com](http://rchcares.com) ■



And a Special Thank You to our Sponsors



Tanya and Joel Wilson with their baby Isabella who was born 23 weeks premature and weighing only 475 grams.

← "It was the most wonderful moment to take Isabella home, but we were also sad to leave our new Neonatal Intensive Care Unit (NICU) family. RCH, especially the NICU team, will always be near and dear to us. We truly believe that we would not have our little Isabella with us today if it was not for the NICU and its wonderful staff." ~ Tanya Wilson.

Nathan DeWitt and his twin brother Brenndon were born in 1991 at RCH at 26½ weeks, weighing less than three pounds each. Today, both brothers are leading healthy and happy lives, with Nathan a part of the Canadian Para-National Team that specializes in Wheelchair Racing, and a competitor in the 2012 Paralympic Games.



↑ "If not for all the doctors and the wonderful nurses who looked after him (and all of his family) I can say without a doubt my son would not be who he is today...a part of the Canadian Paralympic Team!" ~ Linda DeWitt, Nathan's mother. Photo: Matt Law/Surrey Now



← "I couldn't understand my surroundings anymore. I didn't feel safe; my level of concentration was diminished. I felt like I couldn't continue on like this so I went to [RCH] for help. The [psychiatric] hospital experience was very surreal for me, but I remember asking my intake nurse, 'Am I going to get better?', and she said 'Oh yes, you're going to get better' in a 'I know this is scary for you, but I've seen this before and you're going to be fine' kind of way. It was very reassuring to hear her say that to me at a time when I didn't feel sure of myself or anything else for that matter." ~ Anonymous patient of the Fraser Health Reproductive Mental Health Program at RCH, who suffered post-partum depression after the birth of her child.



Hunter Kuntz from Prince George was born 24 weeks premature after his mother was flown to RCH by air ambulance.

← "Hunter was very tiny and he required prolonged, intensive ventilatory care at RCH. With careful clinical support and monitoring, today Hunter is a great little boy and a joy to his family. A living proof of how effective modern neonatal care can be in situations where 30 to 40 years ago, that chance would not exist." ~ Dr. Zenon Cieslak, RCH Neonatologist-Pediatrician.



Queenie Lai, Health Services Manager, attends to a baby and mum in the RCH Variety NICU.

← "Royal Columbian's Variety NICU is a special place! The medical team becomes part of the family and the family becomes part of the medical team." ~ Queenie Lai, Health Services Manager, NICU.



Travis Rose and wife Christine Chan with son, Sky, 18 months. Sky and his twin brother, Ocean, were born in February 2012 at 26 weeks gestation, but sadly, Ocean was stillborn. Travis and Christine are grateful for the support they received from the RCH Variety NICU team during that difficult time.

↑ "Losing a child is never easy. But we are so grateful for the beautiful baby boy that we have. The physicians and nurses at Royal Columbian helped us through a difficult time. Without them, we would not have been able to celebrate Sky's homecoming." ~ Travis Rose. Photo: Tiffany Cooper.



Dr. John O'Toole examines a newborn infant in RCH's NICU.

← "The RCH Variety NICU serving Fraser Health (with 42% of births in BC) has ranked amongst the best on the Canadian Neonatal Network's (CNN) report card since inception in 1996. It remains a joy to be present at each birth and witness the meeting of the baby and family for the first time." ~ Dr. John O'Toole, RCH Neonatologist-Pediatrician.

Samina Habib was transferred from a Vancouver hospital to RCH as a high-risk maternity patient where she presented with placenta accreta, a potentially life-threatening condition.

→ "When Samina was admitted to Royal Columbian Hospital... it felt as if we moved from our home to our second home." ~ Sajad Habib, Samina's husband. Photo: Tiffany Cooper.

Your Health Matters is published twice annually by RCH Foundation. If you have any questions or story ideas you would like to share with us, please contact our office at 604.520.4438 or e-mail [info@rchfoundation.com](mailto:info@rchfoundation.com). Articles by Shannon Henderson and Julie Coghlan unless otherwise noted. Design by Paula Heal. Photography by Jerald Walliser unless otherwise noted.



Dr. Jagdeep Ubhi welcomes baby Elliot into the world, alongside parents Daniel and Olivia.



→ "Nothing can be more joyful than bringing a healthy baby into the world. That is my job! We work as a team to ensure that our high-risk maternity patients are given every medical opportunity within our power to achieve successful outcomes." ~ Dr. Jagdeep Ubhi, RCH Obstetrician and Gynecologist and Assistant Clinical Professor in the Department of OBGYN at UBC.



## Yes, I want to support critical care at RCH

Here is my gift of:

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