

# YOUR health matters



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ROYAL COLUMBIAN HOSPITAL FOUNDATION

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Spring 2011

## RCH's New Multipurpose Interventional Suite

New initiative designed to provide care for more than 1,400 cardiac and stroke patients each year



RCH cardiac patient Tim Delesalle and wife Karen Delesalle enjoy preparing a healthy dinner together in their New Westminster apartment. Tim and Karen and the Delesalle family's related companies have pledged a donation of \$55,000 towards the Multipurpose Interventional Suite.

### Tim's case for support

"It's crucial to place the necessary tools in the professionals' hands to allow this work to succeed."

Tim Delesalle recently reaped a huge return on his family's investment in RCH – his life was saved. Tim and his family played a significant role in the construction of The Delesalle Chapel, a sanctuary within the hospital built to help fulfill the spiritual needs of all patients and staff. It was there, during his recovery, that Tim would come to contemplate the miracle of his life on a daily basis.

Tim, a healthy, active 57 years, had an unexpected acute heart attack in May 2010. He had just returned from a run, when he collapsed at home. "The angels all lined up for me perfectly that day. From my family, to the paramedics, to Dr. Jean-Francois Dorval and the staff at RCH," says Tim.

His wife Karen and her two daughters were at home at the time of the heart attack and they immediately administered CPR. Within minutes the paramedics were on their way.

Despite his rapid transfer to RCH, Tim was in full cardiogenic shock upon arrival, his heart unable to supply enough blood to his organs.

On arrival at RCH, to Karen's great relief, she was met by a staff member who knew exactly who Tim was and what his diagnosis was. The family was taken to a private room and kept informed of Tim's progress and condition.

While the family was anxiously waiting, the catheterization lab team, led by Dr. Dorval, first stabilized the heart with an intra-aortic balloon pump and then performed an angiogram, through which they found that one of the coronary arteries was completely blocked. Dr. Dorval was able to quickly open the artery with a balloon and

stents (angioplasty), restoring blood flow to the heart muscle. With the blood flow restored and the heart function stabilized, Tim began to improve. Within days, the intra-aortic balloon assist was removed. Tim spent 4 days in ICU and was then transferred to a recovery ward before being discharged home. Today, Tim's heart has fully recovered and his life has returned to normal.

"It is the best reward a hospital and the entire team of doctors and nurses can have, when a patient does so well after such a dramatic presentation," says Dr. Dorval. "The burden of heart disease is increasing. It is straining our ability to deliver emergency care around the clock and to treat patients before they become emergencies. Medical technology is constantly improving and evolving. We need help in our drive to build a state-of-the-art suite with specialized instruments for cardiac and vascular interventions so that others may some day benefit as the Delesalle family has."

Tim and Karen and the Delesalle family's related companies have pledged a donation of \$55,000 towards the funding of the Multipurpose Interventional Suite. "Since being discharged from my stay at RCH, I have been overwhelmed to learn the number of people who touched my life throughout my event and recovery, starting with my wife Karen and family and my new RCH family of staff, technicians, nurses, interns and doctors. The support and care was immediate, unconditional, thorough and beneficial. It is crucial to place the necessary tools in the professionals' hands to allow this valuable work to succeed. RCH truly needs our support," says Tim.

...read the full story at rchfoundation.com

### We need your help to raise \$2.8 million for cardiac and stroke care

The Multipurpose Interventional Suite will be used for a range of life-saving clinical services, including cardiac care, medical imaging, neurosurgical diagnoses and treatment of aneurysms and stroke. In the first year alone RCH will be able to:

- Implant 650 pacemakers, keeping 650 hearts beating strongly and regularly.
- Provide even more than the 4,800 cardiac catheterizations already performed.
- Perform 195 ablations to correct abnormal heart rhythms, one of the leading causes of stroke.
- Implant 100 internal cardiac defibrillators, helping to control potentially lethal heart rhythms and preventing sudden cardiac arrest.

To help RCH Foundation raise \$2.8 million to build the Multipurpose Interventional Suite or for further information call 604-520-4438 or visit rchfoundation.com

### Lucky to be alive

Abbotsford dairy farmer recognizes one-year anniversary of traumatic accident

On April 28, 2010, Richard Krahn, 42, and his nephew Cody, 22, were getting the equipment ready for spring hay chopping. Richard was lubricating the chains on a tractor when his coveralls got caught on the rotating shaft, pulling Richard's leg inward while he screamed at Cody to shut off the machine. Cody shut down the engine and called 911.

Upon arrival, the air ambulance team assessed Richard's situation and made the decision to place him in a drug-induced coma. Richard was airlifted to RCH, where he was met by the trauma team, including surgeon Dr. Naisan Garraway.

"Richard came in fairly unstable and had lots of bleeding," recalls Dr. Garraway. "We had to rush him to the OR to get control of his bleeding."



Richard Krahn with his wife, Dawn, and their three young daughters, Mackenzie, Kaitlyn, Ashley, and friend Jake at the family's Birchwood Dairy Farm in Abbotsford.

While Richard's right leg was so severely injured that his orthopaedic surgeons, Dr. Trevor Stone and Dr. Farhad Moola, had to make the decision to amputate it, the snapped bones and severed knee ligaments in his left leg were able to be repaired. Richard also had to undergo extensive skin grafting on his legs and finger wound management, handled by Dr. Rodney French and Dr. Donald Guichon.

Through Spring 2010, Richard pushed onward with his recovery, telling everyone that he would be out of hospital by July. Physicians tried to manage Richard's expectations, stating that with support, he would be able to walk again, but it was more likely that he wouldn't fully recover from his injuries until December 2010 or later.

"I knew I was lucky to be alive, and what kept me going was knowing that I would walk again," says Richard, who describes his RCH caregivers as "nothing short of amazing." And with that determination, Richard was walking in a matter of months after his leg amputation, and by the end of July, just as he predicted, he was back at home.

...read the full story at rchfoundation.com

## Live from Studio 40 2011 SHINE Gala raises more than \$200,000 for RCH to expand cardiac and stroke care

Donors, physicians, corporate executives and community leaders shared the spotlight on March 3, 2011 when Royal Columbian Hospital (RCH) Foundation hosted its SHINE Gala at the newly redeveloped CBC Broadcast Centre.

"We have been proud to partner with RCH Foundation for their SHINE Gala for the past four years," said CBC News Vancouver host and SHINE Gala co-emcee Gloria Macarenko. Tony Parsons, CBC News Vancouver host and

SHINE Gala co-emcee, agreed: "Many people are unaware of the critical trauma, cardiac and neuro care role that RCH plays in B.C.'s healthcare system, and so we are proud to help RCH Foundation broadcast how important RCH is to the people of this province."



Dr. Rardi van Heest, Trauma Surgeon, RCH surrounded by members of the Burnaby Firefighters Charitable Society, title sponsor of SHINE.



Award-winning anchors and household names, the co-hosts of CBC News Vancouver, Tony Parsons and Gloria Macarenko.



Ted and Janice Carlson, Mainland Sand and Gravel Ltd.



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## A very special thank you

We acknowledge these individuals, estates, corporate and community organizations (and those who prefer to remain anonymous) for their generous donations, received in 2010, which have helped to support exceptional care at Royal Columbian Hospital.

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Our sincerest apologies for any errors or omissions.

## At the breaking point

It comes as no surprise to us that the emergency department physicians and nurses at Royal Columbian Hospital (RCH) recently decided to enlist the adjacent Tim Hortons space. In spite of the expertise and resourcefulness of RCH doctors, nurses and Fraser Health administrators, the service demands on this facility have exceeded capacity for years.

More than a year has passed since Fraser Health delivered to the Ministry of Health Services a concept plan and request for funding to begin the first stage of comprehensive clinical planning for an expansion and re-development of the hospital. RCH Foundation has agreed to partner in fundraising for this expansion that will go a long way to alleviate many of the growing pressures that are felt, not only at RCH, but at the other eleven community acute care hospitals in Fraser Health whose patients are transferred daily to RCH for specialty services.

We need Ministry approval now; our patients and families deserve the very best in health care. If you would like to learn more about the plans for the Royal Columbian Hospital expansion, please contact us at: info@rchfoundation.com

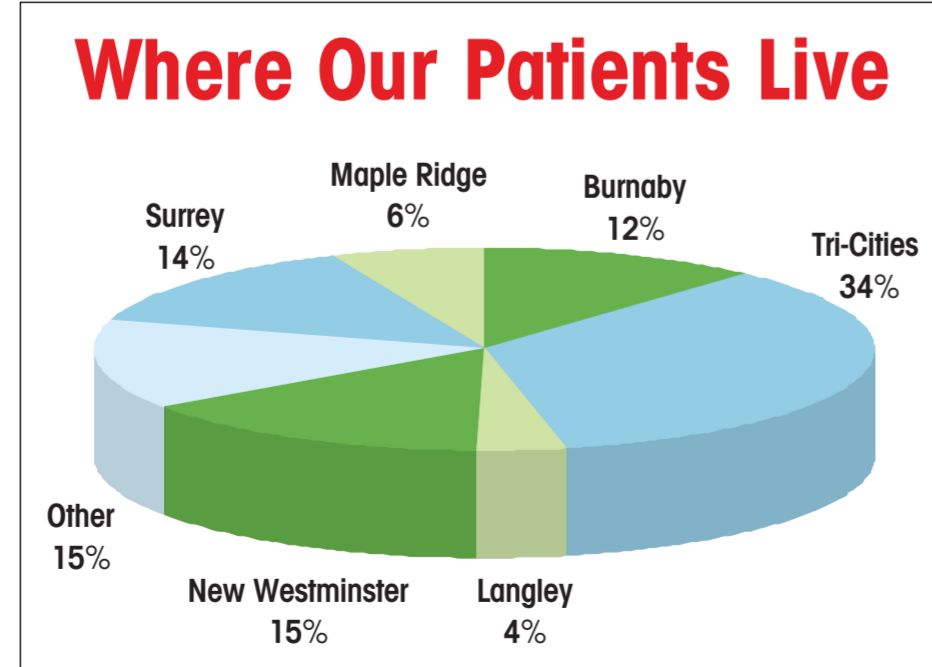


RCH Foundation Board Chair, Belle Puri and RCH Foundation President and CEO, Adrienne Bakker at the 2011 SHINE Gala.

...read the full story at rchfoundation.com

## RCH is BC's Hospital

Many people do not realize that RCH is not just New Westminster's hospital – RCH is B.C.'s hospital. Serving a region of 1.6 million people, RCH treats one in three British Columbians.



Your Health Matters is published twice annually by RCH Foundation. If you have any questions or story ideas you would like to share with us, please contact our office at 604-520-4438 or e-mail to info@rchfoundation.com. Design by Paula Heal. Articles by Shannon Henderson and Julie Coghlan. Photography by Jerold Walliser unless otherwise noted.